

# LTAD Update | July 2008

Ringette Nova Scotia President's Meeting

## Where Have We Been?

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The following motion was passed unanimously at the Ringette Canada AGM June 15, 2008:

“That it be resolved that the general assembly is dedicated to the principles of LTAD and therefore adopts the LTAD model developed by the LTAD Steering Committee, and hereby commits to work within all Canadian jurisdictions towards the implementation of the model.”

During the AGM, delegates discussed the implementation of LTAD and the unique challenges and opportunities this will bring. This was done in 4 roundtables including Officiating, Coaching, Competitions and Communications.

## Where Are We Now?

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### LTAD Commitments

The following are commitments made by Ringette Nova Scotia at the Ringette Canada AGM towards initializing the implementation of LTAD in our province and sport.

1. We will change the names of the age categories in our jurisdiction, effective the start of the **2009/10** ringette season.
2. We will develop a ringette Jamborees/Festival program in our province.
3. We will review our provincial championships (and qualification process) to ensure they conform to LTAD principles and report back by January 2009.
4. We will integrate (measurably) coach and official development into our CWG planning and adjust the program to be a U20 event.
5. We will put an explanation advertisement of LTAD in the tournament programs at our competitive events.
6. We will audit all of the ringette programming we deliver directly (such as clinics and summer camps) and ensure compliance with the ringette LTAD model.
7. We will document the practice to game ratio in U9, U10 and U12 in our jurisdiction.
8. We will develop a plan to participate in the Long Term Officials Development (LTOD) process.

### Sport Specific Document

The Ringette LTAD Model is in its publication stage, and should be ready for release in September 2008.

## Where Are We Going?

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Below are notes from the roundtable sessions at the Ringette Canada 2008 AGM on what the future of LTAD may look like.

### Coaching in LTAD

- LTAD can develop stronger coaches (earlier development, mentoring, change of the sporting mind)
- Better resources will be available
- Coaches can stay in ringette longer
- Creates teacher-coaches at 12 and under
  - Need to find the right mind set more than the right skill set
- Creates strategist coaches at 13 and over
- Requires better education of game rules, skills required and strategies

### Officiating in LTAD

- Officiating development can mirror athlete development
- Potential of greater official retention (less pressure at introductory level)
- Treat officials as athletes (teaching, learning, continuous improvement)
- LTOD (competency based, fair, educational)

### LTAD & Communications

- Need to create an FAQ on LTAD
- Need to establish an LTAD section of [www.ringette.ca](http://www.ringette.ca)
- Need to establish links between LTAD in provinces and national LTAD communications
- Need to work with Sport Canada on a national communications strategy

### LTAD & Competitions

- We can create different tournament templates
  - U12 – no eliminations
  - U14 – championships, but no semi finals
  - U16 – more “conventional” tournaments